

Faith in Action April 2016 Volume I

Faith United Methodist Church
 1623 Central Avenue
 Kearney NE 68847-6021
 office@kearneyfaith.org
 (308) 237-2550

MISSION STATEMENT: At Faith United Methodist Church our mission is to worship God, teach the Word, and care for one another in Christian love by nurturing individuals in their spiritual journey.



- 4/01 Judith Stephens-Boller
- 4/01 Ashley Bear
- 4/01 Jessica Willson
- 4/02 Phyllis Kantaras
- 4/05 Phyllis Bennett
- 4/05 Phillip Hilty
- 4/05 Lee Carter
- 4/06 Marcia Dahlke
- 4/08 Thelma Armitage
- 4/08 Corinne Olmsted
- 4/08 Tony Miller
- 4/09 Quinten Clausen III
- 4/10 Erma Petersen
- 4/10 Linda Johnson
- 4/10 Zachry Vasquez
- 4/10 Reggie Schriener
- 4/11 Patrick Garrelts
- 4/12 Tristan Wiles
- 4/13 Laura Gavierez
- 4/13 Jacob Lester
- 4/15 Patricia Hilty
- 4/16 Jason Meester
- 4/17 Shawn Mizner
- 4/17 Jaylin Gargan
- 4/17 Kaylei Royle
- 4/19 Lia Cool
- 4/20 Bonny Ball
- 4/20 Tari Poorman-Maaske
- 4/22 Katie Maschmann
- 4/22 Lance Johnson
- 4/25 Jim Brewer
- 4/28 Julius Elwell
- 4/29 Karter Evans
- 4/30 Fred Blume
- 4/30 Sherry Krell
- 4/30 Doug Jesch



- 4/02 David & Carolyn Forney
- 4/08 Darrell & Joan Epping
- 4/12 Donnie & Peggy Mak
- 4/13 Josh & Jenny Hanson
- 4/28 James & Regan Jennings



National Pet Day April 11, 2016

It's time to feature our pets!

Those of you who are pet-parents and/or pet-grandparents know the joy (and sometimes other emotions) that pets bring into our lives.

LAST CALL FOR PHOTOS! Please send me your photos by **WEDNESDAY, APRIL 6**; that's the deadline for the National Pet Day Slide Show in church on **Sunday, April 10**.

If you cannot e-mail your photo (office@kearneyfaith.org), please drop it off at the church office for Suzann to scan.

And please be sure to give me the correct spelling of your pets' names (*I know how they hate to have their names messed up*).

Thank you!



Faith Out-To-Eat Night

Luke & Jake's Bar-B-Q
 807 West 25th Street
 Monday, April 11, 2016
 5:30 p.m.

"Jesus comes not for the super-spiritual but for the wobbly and the weak-kneed who know they don't have it all together, and who are not too proud to accept the handout of amazing grace."

~ Brennan Manning



Happy Arbor Day!

Arbor Day is the last Friday in April each year. It all began in Nebraska in 1872. A special day was set aside for planting trees. This tree planting idea caught on and now we celebrate Arbor Day every year.

"Someone's sitting in the shade today because someone planted a tree a long time ago."



Faith's **Pat Slack** serves as auctioneer for Cub Scout Pack 135's annual cake auction held in Fellowship Hall on Sunday, March 13.

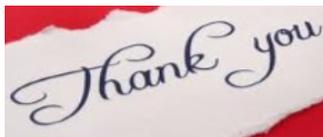
Thank you to **Mary Nuss** and the **Kids of the Kingdom Sunday School classes** for sending me the Easter door hanger! I had Mom hang it on my door right away. I really like it. Thank you.

~ Cass Larson (and Kathy)



Please thank the children and the leaders for the thoughtful Easter gift of the door hanger. What a warm remembrance to share with us!

~ Jerry and Lois Idt



Dear Kids of the Kingdom,

Thank you for sending me the great **Christ is Risen** door hanger. It really brightened my room and made my day! He is risen indeed!

Again, thank you and hope you have a great Easter.

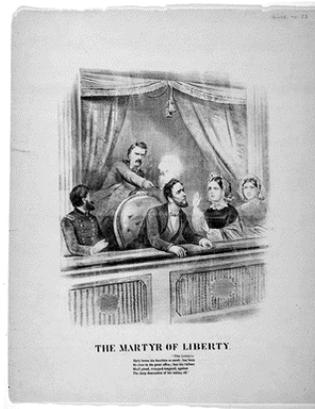
Sincerely,
Betty Geist

Best wishes to all the congregation!

~ Betty



A Look Back In History



On the evening of April 14, 1865, while attending a special performance of the comedy, "Our American Cousin," President Abraham Lincoln was shot. Accompanying him at Ford's Theater that night were his wife, Mary Todd Lincoln, a twenty-eight year-old officer named Major Henry

R. Rathbone, and Rathbone's fiancée, Clara Harris. After the play was in progress, a figure with a drawn derringer pistol stepped into the presidential box, aimed, and fired. The president slumped forward.

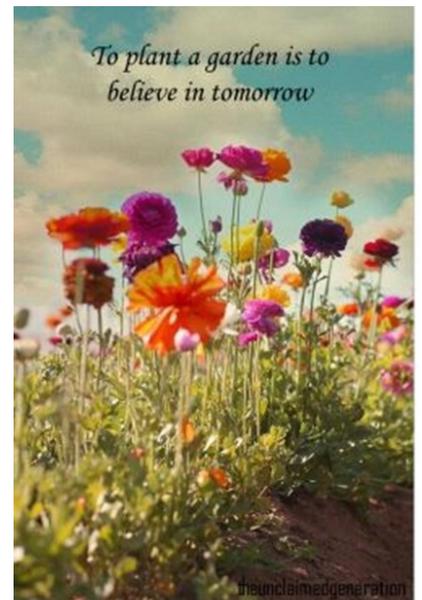
The assassin, John Wilkes Booth, dropped the pistol and waved a dagger. Rathbone lunged at him, and though slashed in the arm, forced the killer to the railing. Booth leapt from the balcony and caught the spur of his left boot on a flag draped over the rail, and shattered a bone in his leg on landing. Though injured, he rushed out the back door, and disappeared into the night on horseback.

A doctor in the audience immediately went upstairs to the box. The bullet had entered through Lincoln's left ear and lodged behind his right eye. He was paralyzed and barely breathing. He was carried across Tenth Street, to a boarding-house opposite the theater, but the doctors' best efforts failed. Nine hours later, at 7:22 AM on April 15th, Lincoln died.

(<http://www.memory.loc.gov/ammem/alhtml/alrintr.html>)



To plant a garden is to believe in tomorrow



theunclaimedgeneration

forgive them
even if they
are not
sorry.

THE POWER OF FORGIVENESS

What are the benefits of forgiving someone?

Letting go of grudges and bitterness can make way for happiness, health and peace. Forgiveness can lead to:

- ◆ Healthier relationships
- ◆ Greater spiritual and psychological well-being
- ◆ Less anxiety, stress and hostility
- ◆ Lower blood pressure
- ◆ Fewer symptoms of depression
- ◆ Stronger immune system
- ◆ Improved heart health
- ◆ Higher self-esteem

(<http://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/forgiveness/art-20047692>)

You don't have to go to sacred places to pray or wait for holy days for good things to happen. You can pray always, and everything that happens is potentially sacred if you allow it to be.

Once we can accept that God is in all situations, and that God can and will use even bad situations for good, then everything becomes an occasion for good and an occasion for God.

***"This is the day Yahweh has made memorable, let us rejoice and be glad in it!"
(Psalm 118:24)***

~ Richard Rohr



HOLDING RESENTMENT

Catherine Ponder writes, "When you hold resentment toward another, you are bound to that person or condition by an emotional link that is stronger than steel. Forgiveness is the only way to dissolve that link and get free."

Many mistakes that you have made in the past are over and done with now! You constantly keep in mind that you are a work in progress, that there has been something to learn from the experiences you have had. Because you have broken free of any negativity from the past, you are capable of forgiving yourself and others fully and completely.

Yesterday has come and gone, and the time is now – a time to forgive yourself – a time to forgive others.

~ Christopher Ian Chenoweth



GREAT TRUTHS ABOUT GROWING OLD

You know you're getting old when you stoop down to tie your shoes and wonder what else you can do while you're down there.

How does a two pound box of candy make a person gain five pounds?

Time may be a great healer, but it's also a lousy beautician.

Age doesn't always bring wisdom. Sometimes age comes alone.

Amazing! You just hang something in your closet for a while, and it shrinks two sizes.

Growing old is mandatory; growing up is optional.

Laughing helps. It's like jogging on the inside.

Evidence has been found that William Tell and his family were avid bowlers. However, all the league records were unfortunately destroyed in a fire. Thus we'll never know for whom the Tells bowled.

April is Autism Awareness Month

Nearly a quarter century ago, the Autism Society launched a nationwide effort to promote autism awareness, inclusion and self-determination for all, and assure that each person with ASD is provided the opportunity to achieve the highest possible quality of life. This year we want to go beyond simply promoting autism awareness to encouraging friends and collaborators to become partners in movement toward acceptance and appreciation.

Let's embrace a new perspective. For 50 years we have worked in communities (both large and small) to ensure our actions, through our services and programming, supported all individuals living with autism. Let's expand this work to focus on the rest of us – ensuring acceptance and inclusion in schools and communities that results in true appreciation of the unique aspects of all people. We want to get one step closer to a society where those with ASDs are truly valued for their unique talents and gifts.

Join us in celebration for 2016 National Autism Awareness Month! National Autism Awareness Month represents an excellent opportunity to promote autism awareness, autism acceptance and to draw attention to the tens of thousands facing an autism diagnosis each year.

(<http://www.autismsource.org/>)



Alcohol Awareness Month

Alcohol Awareness Month

Drinking too much alcohol increases people's risk of injuries, violence, drowning, liver disease, and some types of cancer.

The good news? We can all do our part to prevent alcohol misuse or abuse.

Make a difference: Spread the word about strategies for preventing alcohol misuse or abuse and encourage communities, families, and individuals to get involved.

How can Alcohol Awareness Month make a difference?

We can use this month to raise awareness about alcohol abuse and take action to prevent it, both at home and in the community.



ATTENTION, HIGH SCHOOL SENIORS

As a member of Faith United Methodist Church, you may apply for a scholarship. The application form is very simple; it asks about your church and community involvement.

Forms are available online (kearneyfaith.org/Scholarships) or e-mail Suzann in the church office (office@kearneyfaith.org) for an application.

Please direct questions to Lynda Henderson, Memorial Team chairperson (lynda1@frontiernet.net).

Deadline for returned applications is May 1, 2016.

ATTENTION, RELATIVES OF GRADUATING SENIORS



If you are the relative of a graduating high school senior and wish for them to be covered in prayer by their Faith family, we ask that you please provide a quilt/blanket and a biography for the Covered in Prayer insert. You may choose the Sunday for your graduating senior to be covered in prayer; please deliver the information and quilt/blanket to the church office by Wednesday prior to the Sunday you choose. Questions? Please contact Dayla Rhodus (daylarhodus@gmail.com or 308.234.4225) or Suzann at the church office

(office@kearneyfaith.org or 308.237.2550).



Sunday Morning Program

Come join us for Sunday School as we continue to learn about God and His amazing love. Classes start at 10:00 a.m., please join us for games, lessons and music.

Wednesday Programs

Wednesday programs are in full swing. If you haven't attended in a while, please stop by and check out all the fun we're having. CCF is at 3:30 p.m. and UMYF (at First United Methodist Church) is at 6:30 p.m. If you have questions, please contact Lauryn Gustafson at the church (kids@kearneyfaith.org or 308.237.2550).

Summer Camp

It's time to register for Summer Camp! Each of the United Methodist camps are offering a wide variety of camp themes this summer. Check out the camp listings on the website below to see which one best fits you!

<http://www.greatplainsumc.org/camps>

Scholarships are available for kids who are interested in attending camp. Contact Lauryn at kids@kearneyfaith.org or the office (office@kearneyfaith.org) for additional information.

Camp Sunday is April 10

Molly Ellison, Camp Comeca Administrator, will be in attendance to speak at both services on Sunday, April 10 and will speak to youth during Sunday School. Pamphlets and information about camp will be available from Molly. If any kids/parents are interested and have questions, this will be a great Sunday to attend!

Spring Festival

Wednesday, April 13

Collins Park (East 16th Street and Avenue E)

Across from Bryant Elementary School

5:30 p.m. to 7:00 p.m.

Join us for fun, food, and fellowship!

(We will have bounce houses!)

Invite your family and friends!



TRI-CITY REVIVAL
 April 17, 2016
 1:00 pm
 Grand Island Grand Theater

Seth Denny
 NTV Weeknight
 News Anchor
 will share his
 testimony

Old Fashioned
 Gospel Music
 provided by:
 Randall Shackleton,
 Demielle Young,
 Marci Lindau and
 Jared Hansen

Non Profit - Non Denominational
Promoting the Love of Jesus in our Spiritually Challenged World
 For more information contact:
 Randall Shackleton @ 308-380-1414

The Knots Prayer (Author Known To God)

Dear God:

Please untie the knots
 that are in my mind,
 my heart and my life.
 Remove the have nots,
 the can nots and the do nots
 that I have in my mind.

Erase the will nots, may nots,
 might nots that may find
 a home in my heart.

Release me from the could nots,
 would nots and
 should nots that obstruct my life.

And most of all, Dear God,
 I ask that you remove from my mind,
 my heart and my life all of the 'am nots'
 that I have allowed to hold me back,
 especially the thought
 that I am not good enough.

Amen.

HelpCare Launches ShoeDrive To Fund Services

The Kearney HelpCare Clinic is asking for all kinds of treads.

From April 15 to July 15, the clinic is asking for gently used shoes of all sizes to be donated to its ShoeDrive to raise money for patient care.

"For every pound in shoes we collect, we will earn about 40 cents. The shoes will also support micro-enterprises in developing nations and reduce what goes into landfills. It takes about 300 years for a shoe to decompose in a landfill," HelpCare Executive Director Cheryl Bressington said.

The clinic will partner with Shoes With Heart, a division of Funds2Orgs, which will purchase the donated shoes. The shoes will then be redistributed throughout Shoes With Heart in developing nations. The organization helps impoverished people start, maintain and grow businesses in countries as such Haiti and in Africa and Central America.

To participate, bring new and gently worn shoes to the clinic at 3015 Avenue A beginning April 15. For more information, call (308) 224-2392 or visit ShoesWithHeart.com.

"By donating to the clinic, the shoes will be given a second chance and make a difference in the people's lives both here in Nebraska and in a developing nation," Bressington said.

She believes those who attend the clinic as patients and those in the community will participate.

"Who doesn't have an extra pair of shoes lying around and who doesn't want to give back?" she asked.

Most patients are grateful for the clinic and often want to find a way to say "thank you" for services provided.

Since the beginning of the year, the clinic has seen about 350 patients and has had about 725 visits from people who are living at the federal poverty level or below. The ShoeDrive is one way the clinic can help raise funds to cover the costs of attending to patients who do not have insurance. Bressington said the clinic helps keep the costs down in emergency room visits at CHI Health Good Samaritan. The average visit costs about \$1,600 per patient without insurance.

The HelpCare Clinic opened in June 2015 as a way to serve people with no insurance or who are not covered by Medicaid or Medicare and who live or work in Buffalo and Kearney counties.

Note: for future questions you may contact Rev. Alan Gager, Vice President of the HelpCare Directors.



"The Law of the Garbage Truck"

How often do you let other people's nonsense change your mood? Do you let a bad driver, rude waiter, curt boss, or an insensitive employee ruin your day? Unless you're the Terminator, for an instant you're probably set back on your heels. However, the mark of a successful person is how quickly she can get back her focus on what's important.

Sixteen years ago I learned this lesson. I learned it in the back of a New York City taxi cab. Here's what happened.

I hopped in a taxi, and we took off for Grand Central Station. We were driving in the right lane when, all of a sudden, a black car jumped out of a parking space right in front of us. My taxi driver slammed on his breaks, skidded, and missed the other car's back end by just inches!

The driver of the other car, the guy who almost caused a big accident, whipped his head around and he started yelling bad words at us. My taxi driver just smiled and waved at the guy. And I mean, he was friendly.

So I said, "Why did you just do that? This guy almost ruined your car and sent us to the hospital!"

And this is when my taxi driver told me what I now call, "The Law of the Garbage Truck."

Many people are like garbage trucks. They run around full of garbage, full of frustration, full of anger, and full of disappointment. As their garbage piles up, they need a place to dump it. And if you let them, they'll dump it on you. When someone wants to dump on you, don't take it personally.

You just smile, wave, wish them well, and move on. You'll be happy you did. So this was it: The "Law of the Garbage Truck."

I started thinking, how often do I let Garbage Trucks run right over me?

And how often do I take their garbage and spread it to other people: at work, at home, on the streets?

It was that day I said, "I'm not going to do it anymore."

I began to see garbage trucks. Like in the movie "The Sixth Sense," the little boy said, "I see Dead People." Well, now "I see Garbage Trucks."

I see the load they're carrying. I see them coming to drop it off. And like my Taxi Driver, I don't make it a personal thing; I just smile, wave, wish them well, and I move on.

One of my favorite football players of all time, Walter Payton, did this every day on the football field. He would jump up as quickly as he hit the ground after being tackled. He never dwelled on a hit. Payton was ready to make the next play his best. Good leaders know they have to be ready for their next meeting.

Good parents know that they have to welcome their children home from school with hugs and kisses. Leaders and parents know that they have to be fully present, and at their best for the people they care about.

The bottom line is that successful people do not let Garbage Trucks take over their day!

~ Author Unknown

Dear Faith UMC,

Thank you for allowing us to be a part of your church service. We greatly enjoyed being a part and helping with the brunch. Thank you for all of the donations and support, which helps us reach our students on campus.

Thank you,
United Campus Ministry (signed by all the students who participated)



It Always Seems too Early, Until it's too Late.

Come and learn about the conversations you can have with your family members to make health care decisions, together.

Celebrate National Health Care Decisions Day April 16

April 4, 12pm

Get Ready: Prepare for the Conversation

Susie Peterson

Community Outreach Specialist
Nebraska Alzheimer's Association

Deone Anderson

CSW, Community Health Worker
Family Practice

April 11, 12pm

Get Set: What Matters for Me

Tom Tye

Lawyer, The Tye Law Firm

Dr. Ken Shaffer

Retired Physician, UniNet

Conference Room, West Tower of Good Samaritain
Hospital *Lunch provided to first 40

April 20, 7-8pm

Consider the Conversation Film

World Theater

Film and discussion following

April 22, 7-8pm

Being Mortal Film

Kearney Library, South Platte Room

Film and discussion following

alzheimer's 
association

UniNet
Healthcare Network



Alzheimer's
& Dementia
Coalition

A GOOD WOUND GROUP OF BUFFALO COUNTY COMMUNITY PARTNERS

April 27, 12pm

Go: Healthy Habits for Life

Kaiti George

Registered Dietician

HyVee

Conference Room, West Tower of Good Samaritain
Hospital *Lunch provided to first 40

*RSVP to: Community Partners

308-865-2284

info@bcchp.org



**CCF and Mother Hull Residents
March 16, 2016
Crafts and Cookies**



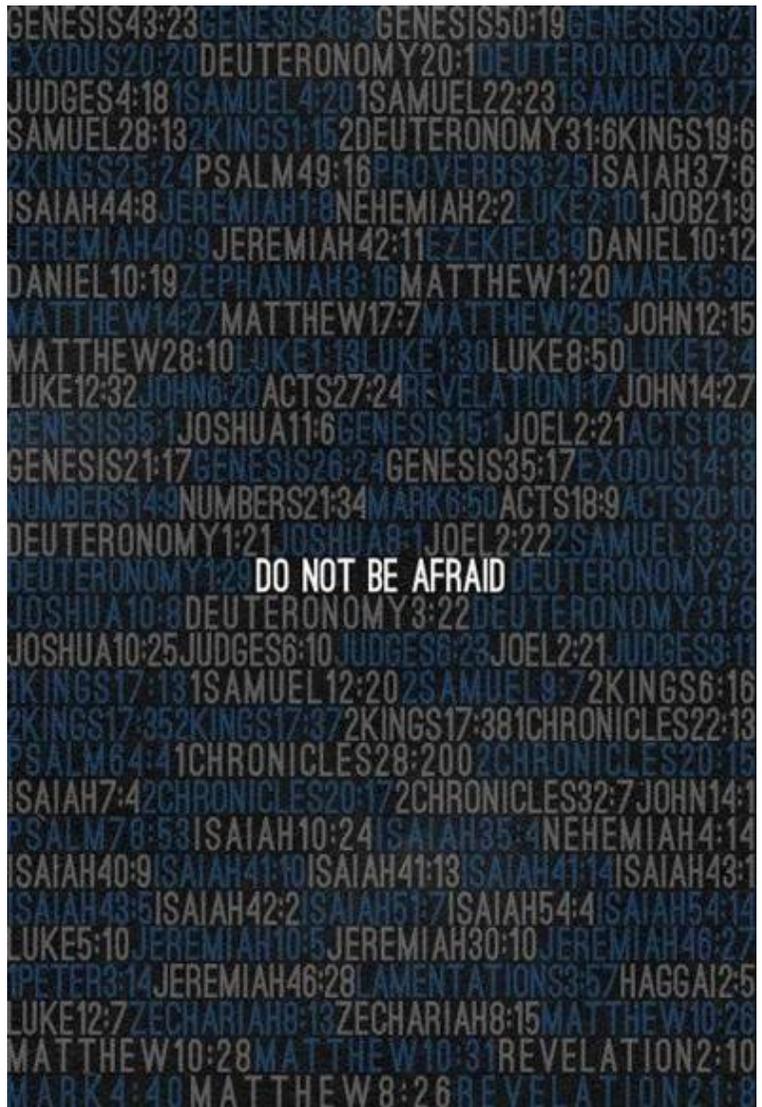
**Faith Sanctuary Easter Sunday
March 27, 2016**



An Irish Prayer

*As I arise today,
may the strength of God pilot me,
the power of God uphold me,
the wisdom of God guide me.
May the eye of God look before me,
the ear of God hear me,
the word of God speak for me.
May the hand of God protect me,
the way of God lie before me,
the shield of God defend me,
the host of God save me.
May Christ shield me today.
Christ with me, Christ before me,
Christ behind me,
Christ in me, Christ beneath me,
Christ above me,
Christ on my right, Christ on my left,
Christ when I lie down, Christ when I sit,
Christ when I stand,
Christ in the heart of everyone who thinks of me,
Christ in the mouth of everyone who speaks of me,
Christ in every eye that sees me,
Christ in every ear that hears me.*

Amen.



Diversity: I Was a Stranger presented by **Ella and Samuel Rathod** **Kearney Public Library Thursday, April 21, 2016** **7:00 p.m.**

Sam and Ella Rathod share their personal story to promote understanding, acceptance, and tolerance of different cultures. They believe that the first step toward learning to embrace diversity is to learn and celebrate one's own heritage and culture. Their PowerPoint presentation gives practical ideas on how to relate and be comfortable in today's multicultural world.

This program is free and open to the public. For more information, call 308.233.3282 or e-mail cwalsh@kearneygov.org.

(The Rathods served at Faith UMC from 2003 to 2008)



2016

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					1	2 8:30 W.W.
3 8:45 Worship 10:00 Sunday School 11:00 Worship	4 7:00 Boy Scouts	5 9:30 Women's Bible Fellowship 4:30 W.W. 5:30 Trustees 6:00 Finance 7:00 Boy Scouts 7:00 Men's Bible Study	6 12:15 W.W. 3:30 C.C.F. 6:00 Praise Team 6:30 UMYF 7:00 Choir 7:00 Men's Bible Study	7 5:45 W.W. 6:30 Young Adult Bible Study	8	9 8:30 W.W.
10 8:45 Worship 10:00 Sunday School 11:00 Worship Camp Comeca Sunday	11 5:30 Christian Ed 5:30 Faith Out-to-Eat Night at Luke & Jake's BBQ 7:00 Boy Scouts	12 9:30 Women's Bible Fellowship 4:30 W.W. 7:00 Boy Scouts 7:00 Men's Bible Study	13 12:15 W.W. 3:30 C.C.F. 6:00 Praise Team 6:30 UMYF 7:00 Choir 7:00 Men's Bible Study	14 5:45 W.W. 6:30 Young Adult Bible Study	15	16 8:30 W.W.
17 8:45 Worship 10:00 Sunday School 11:00 Worship	18 5:30 Nurture 6:30 Ad Council 7:00 Boy Scouts	19 9:30 Women's Bible Fellowship 4:30 W.W. 7:00 Boy Scouts 7:00 Men's Bible Study	20 12:15 W.W. 3:30 C.C.F. 6:00 Praise Team 6:30 UMYF 7:00 Choir 7:00 Men's Bible Study	21 5:45 W.W. 6:30 Young Adult Bible Study 7:00 PFLAG	22	23 8:30 W.W.
24 8:45 Worship 10:00 Sunday School 11:00 Worship	25 6:30 SPRC 7:00 Boy Scouts	26 9:30 Women's Bible Fellowship 4:30 W.W. 7:00 Boy Scouts 7:00 Men's Bible Study	27 12:15 W.W. 3:30 C.C.F. 6:00 Praise Team 6:30 UMYF 7:00 Choir 7:00 Men's Bible Study	28 5:45 W.W. 6:30 Young Adult Bible Study	29	30 8:30 W.W.